



Care Bags for the Homeless

Note: Please donate all items in a sturdy tote bag, if possible. It will make it easier for recipients to transport their items. Thank you!!

Toiletries		Food and Drink	
	Soap / Wash Cloths		Protein Bars / Beef Jerky / Trail Mix
	Shampoo & Conditioner		Instant Oatmeal Packets
	Toothpaste / Toothbrushes / Floss		Chicken or Tuna (Canned) / Cracker Packs
	Mouthwash		Peanuts / Raisins / Oatmeal Bars
	Deodorant / Powder		Hot Cocoa / Coffee / Tea / Bottled Water
	Comb / Brush Sets		Fruit / Applesauce
	Razors and Shaving Gel		Microwave Food (Mac & Cheese, Popcorn, etc.)
	Lotion or Lotion w/Sunscreen		Pudding Cups / Snack Cups / Pretzels
	Baby Wipes / Body Wipes		Cereal / Cookies / Peanut Butter & Jelly
	Chapstick / Tissues		Sunflower Seeds / Pumpkin Seeds
	Feminine Hygiene Products (Pads/Tampons)		Chips in Containers / Crackers
	Q-Tips / Cotton Balls		Cheese Spread / Wheat Thins
	Nail Clippers / Nail Files		Pop Tarts / Graham Crackers

Clothing		Misc.	
	New Socks		Small First Aid Kits

Clothing (cont'd.)		Misc. (cont'd.)	
	Hair Bands		Small Gift Card(s) - \$5 or \$10-
	Hats (Winter) / Scarves		Travel Mugs / Bottles for Refills
	New Underwear		Cough Drops / Mints / Blankets
	Shoes / Boots		Meal Coupons
	Coats / Jackets		Pre-Paid Phone Cards / Small Flashlights
	T-Shirts		Plastic Bags - Ziploc and Grocery
	New Thermal Socks		Batteries
	Sweaters		Combination Locks

Extras	
	Motivational Literature / Books
	List of Local Resources
